

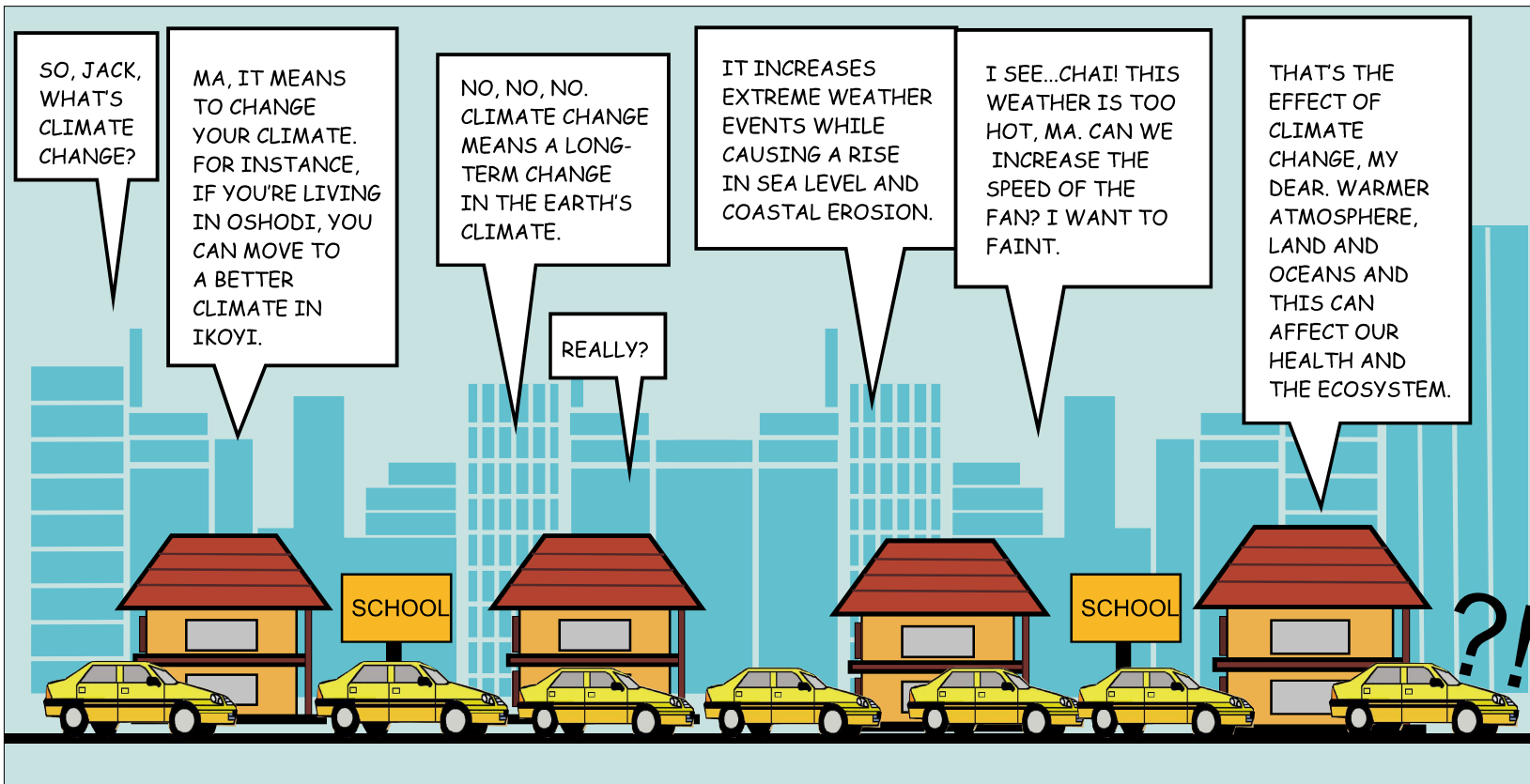
**ADOLESCENTS & YOUNG PEOPLE
TAKING ACTION ON
THE CLIMATE CRISIS**



**Action
Health Incorporated**

RESPONDING TO THE NEEDS OF NIGERIA'S YOUNG PEOPLE

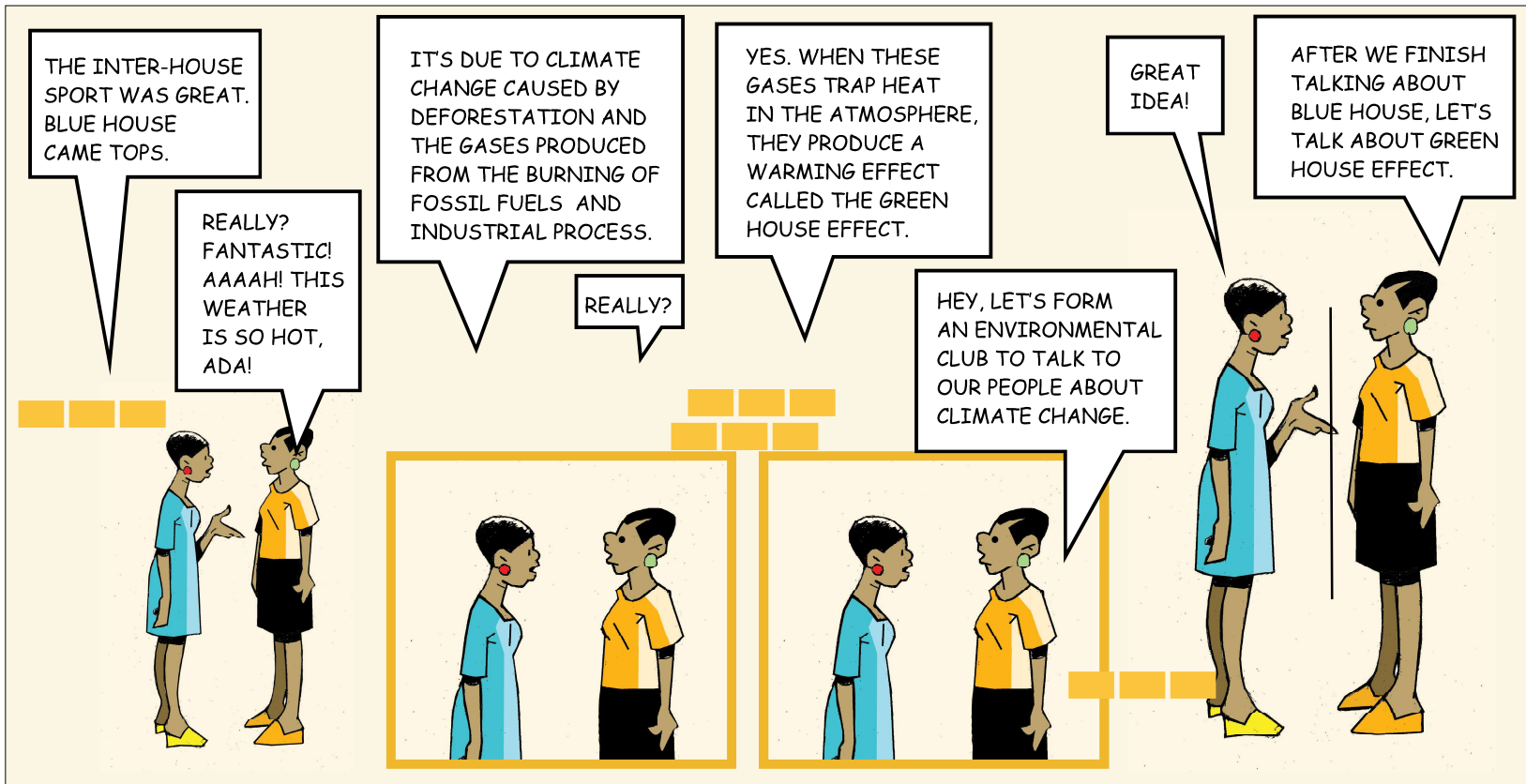
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What is Climate Change?: The United Nations Development Programme (UNDP) Climate Dictionary defines climate change as long-term Alterations in the Earth's climate that warm the atmosphere, oceans, and land, disrupting ecosystems, affecting health, and increasing extreme weather events while causing sea level rise and coastal erosion.

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JANUARY
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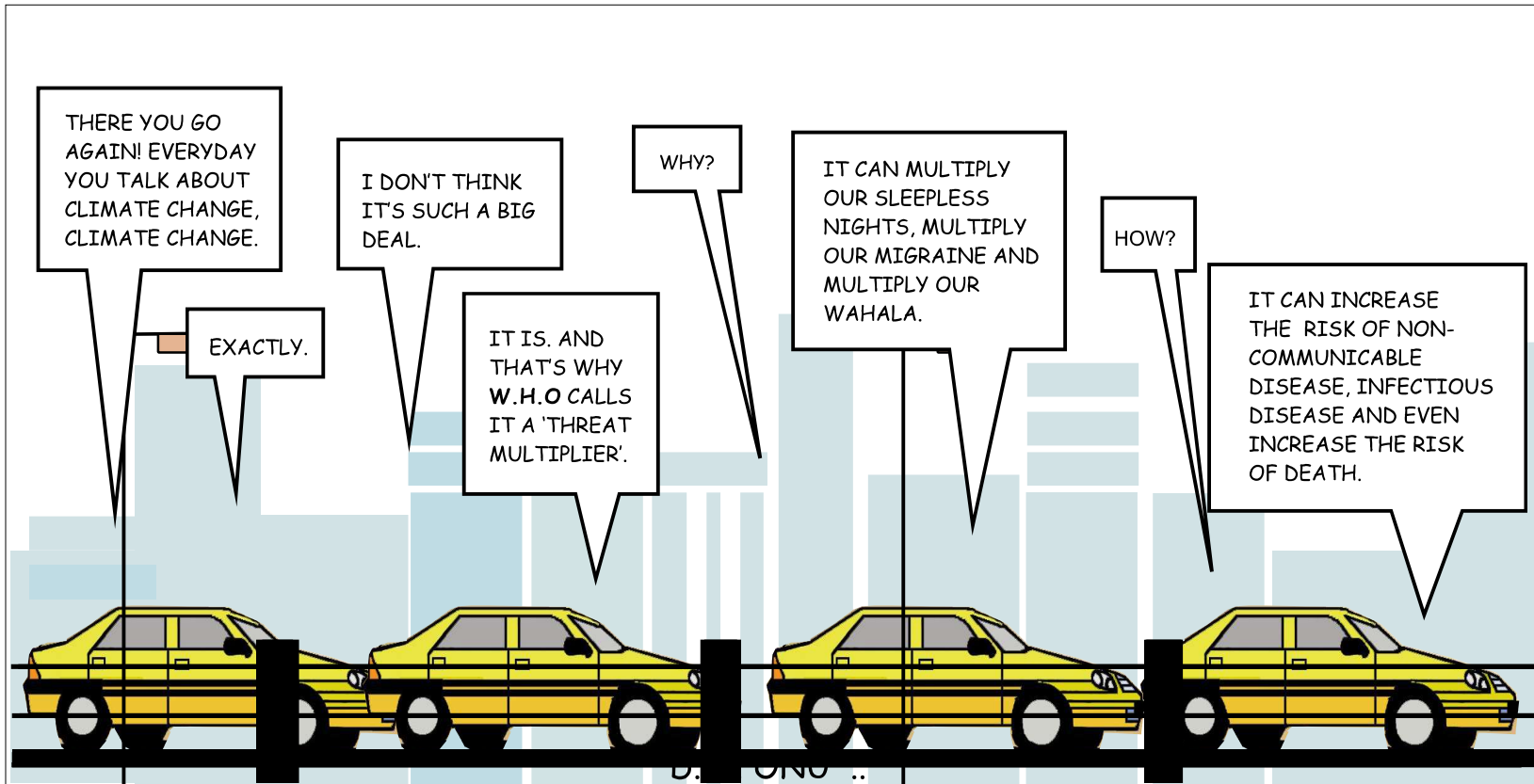


Causes of Climate Change: The causes of climate change include greenhouse gas emissions from human activities, such as burning fossil fuels, deforestation, and industrial processes. These gases trap heat in the atmosphere, leading to a warming effect known as the greenhouse effect. Other factors, such as changes in land use and increased agricultural activity, also contribute to climate change.*** *"Fossil fuels are non-renewable energy sources such as coal, coal products, natural gas, crude oil, petroleum products and non-renewable wastes."*

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FEBRUARY

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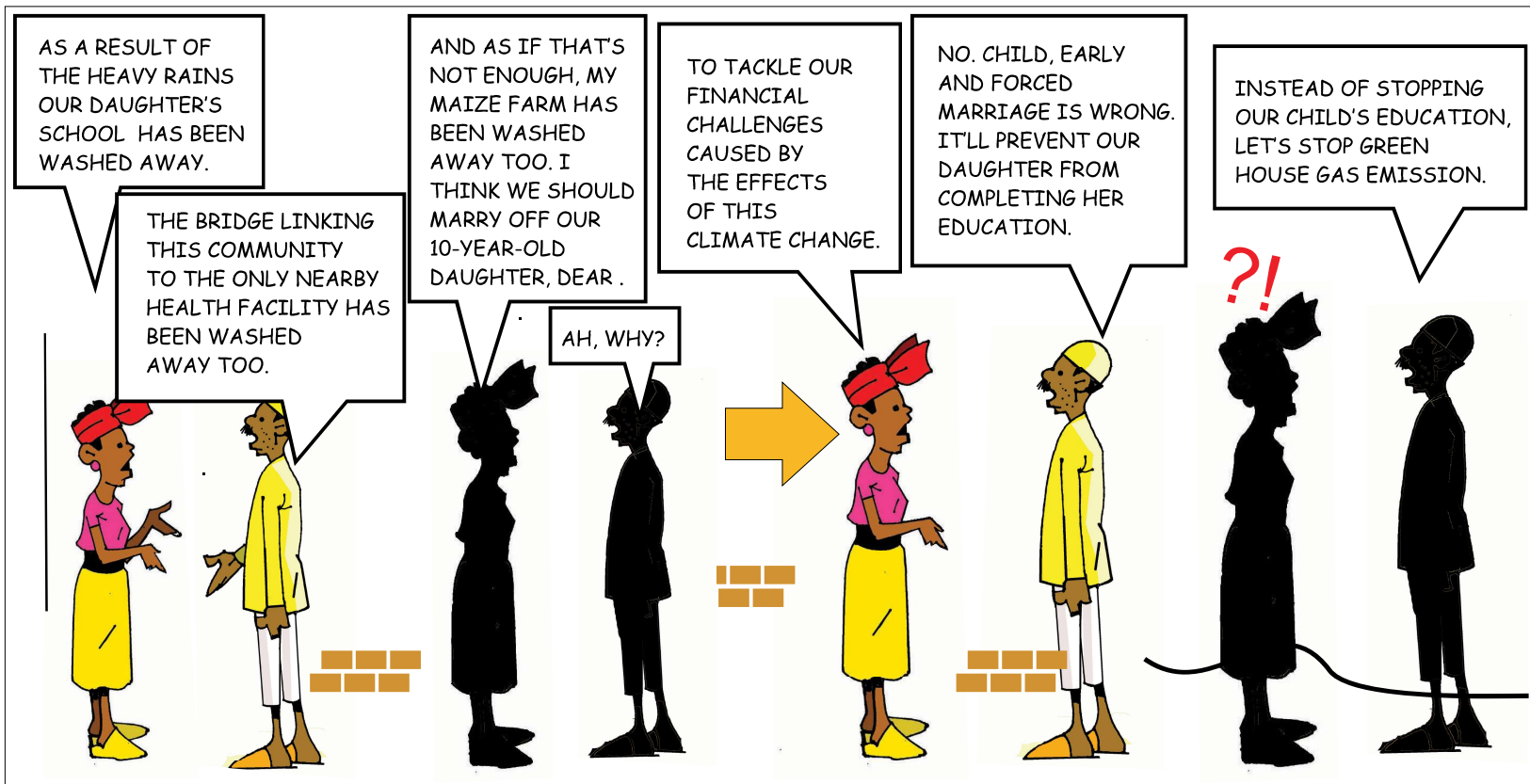


Effect of Climate Change: Health Impact: The World Health Organization (WHO) states that climate change presents a fundamental threat to human health, affecting the physical environment as well as all aspects of both natural and human systems. WHO calls it "a threat multiplier" that increases the risk of deaths, non-communicable diseases, the emergence and spread of infectious diseases, and health emergencies.

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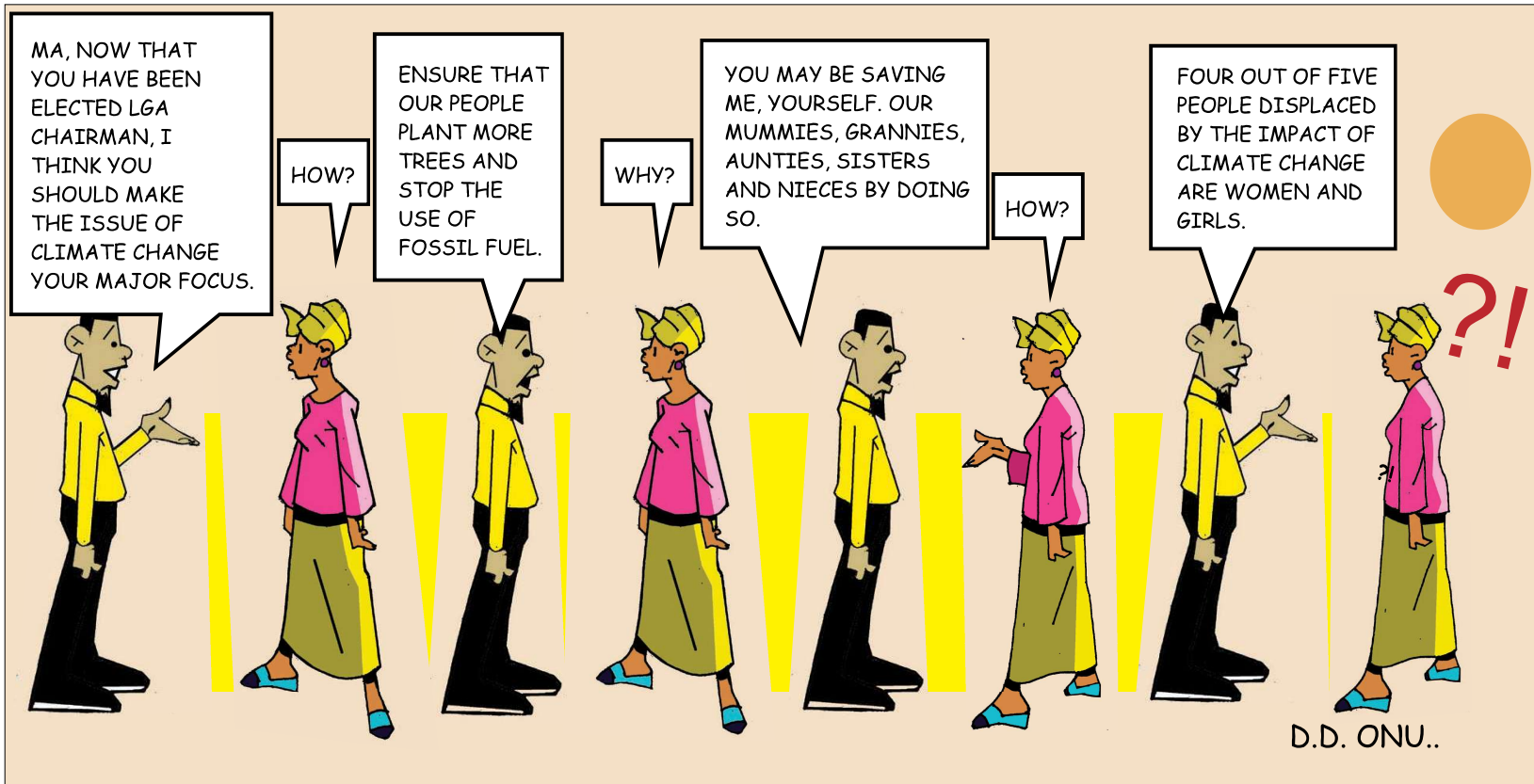
MARCH

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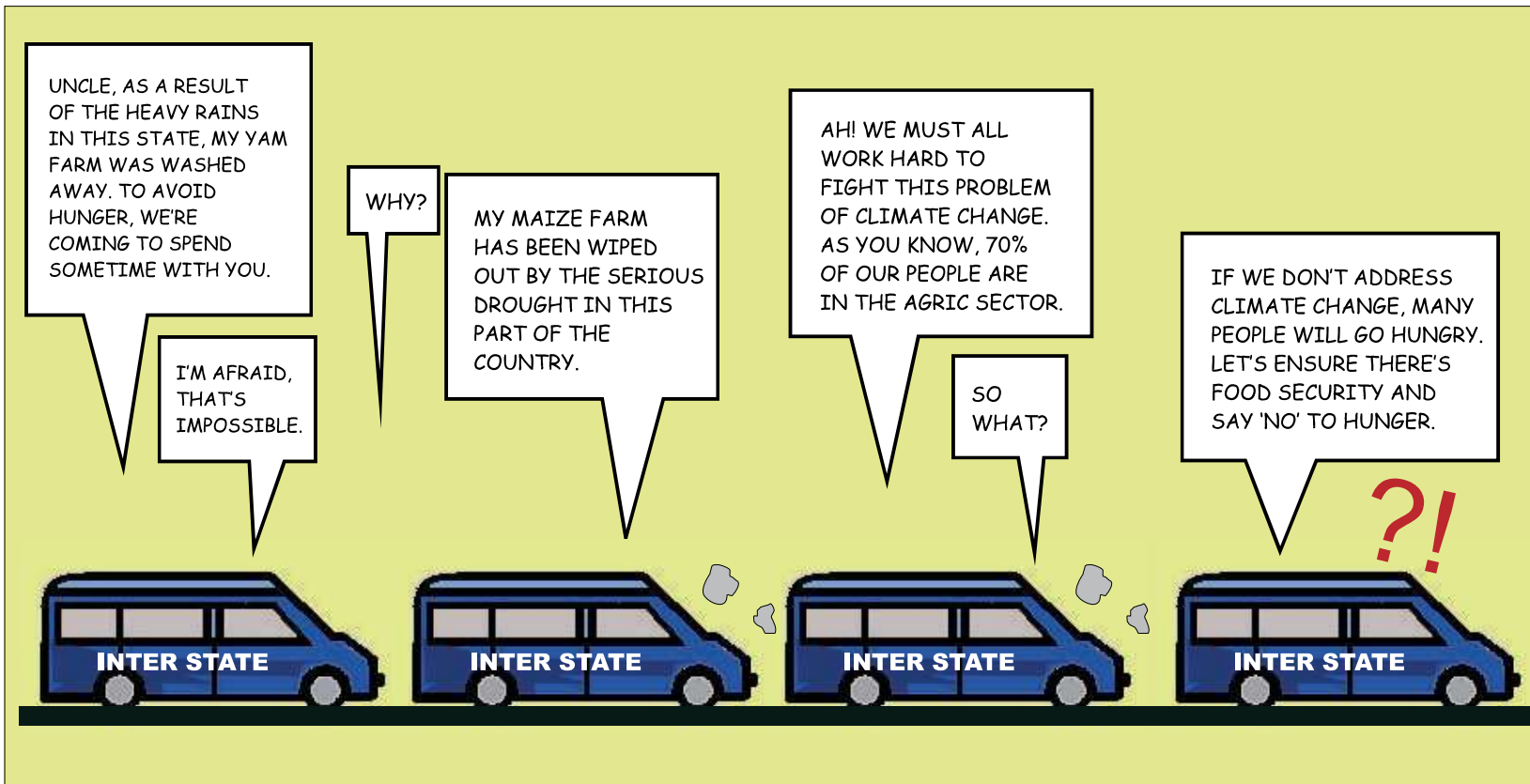
Effect of Climate Crisis: Sexual and Reproductive Health: According to UNFPA, the climate crisis negatively impacts sexual and reproductive health and the ability to realize fundamental human rights. Climate-related emergencies disrupt access to health services and life-saving commodities including contraception; increase the incidence of GBV, child, early and forced marriages; and prevent millions of girls from completing their education.

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Effect of Climate Crisis: Threat to Agency of Women and Girls: An estimated 4 out of 5 people displaced by the impacts of climate change are women and girls. Acute disasters can also disrupt essential services, including sexual and reproductive health care, compounding the negative impacts on women and girls (UNICEF).

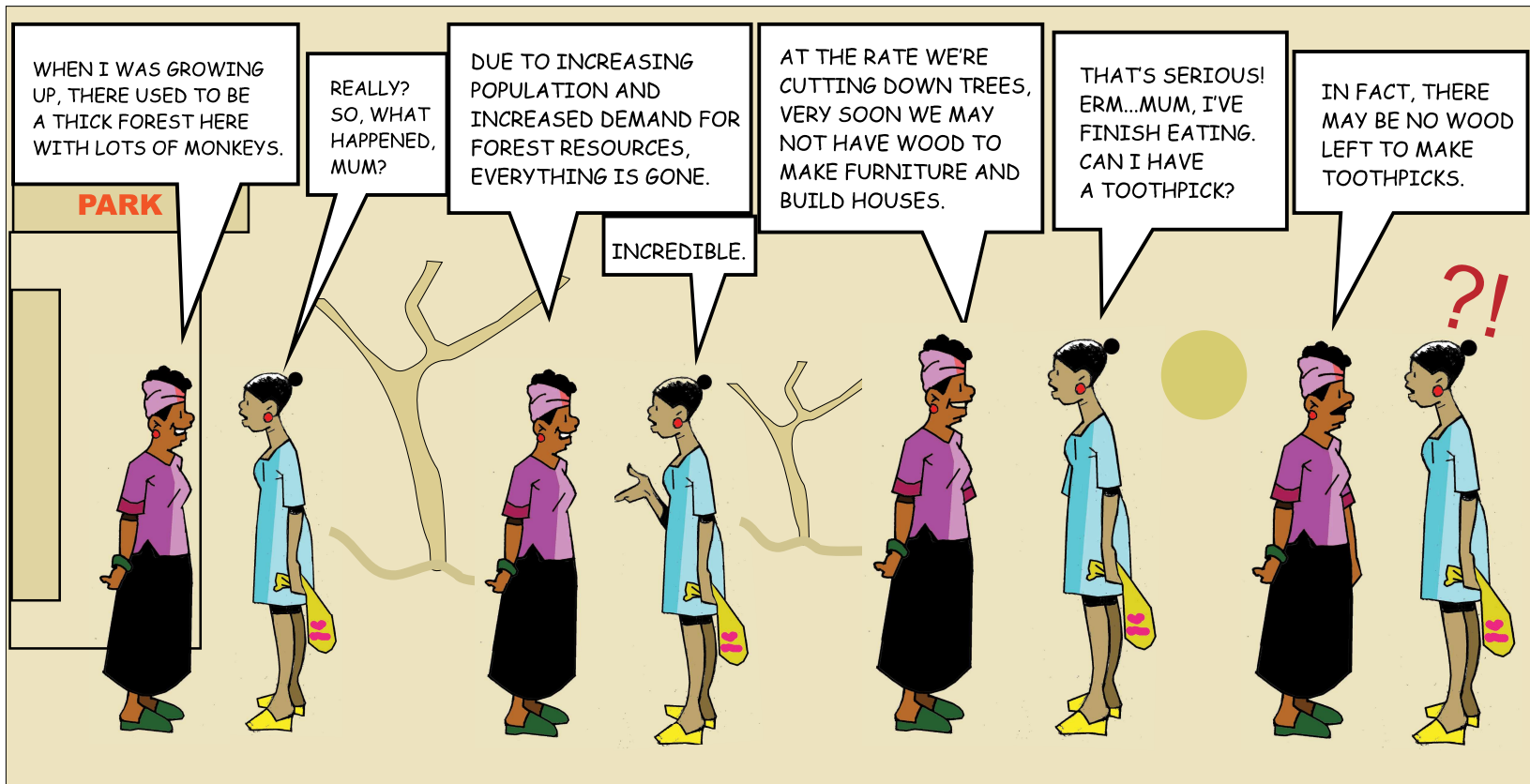
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Effect of Climate Crisis: Agriculture and Food Security: Over 70 percent of Nigerians engage in the agriculture sector, mainly at the subsistence level (FAO). However, higher temperatures, lower rainfall, droughts, and desertification reduce farmland, agricultural productivity, and crop yields. Also, increased rainfall intensity in the coastal region, sea-level rise, flooding, and farmland erosion have reduced agricultural output and caused food shortages.

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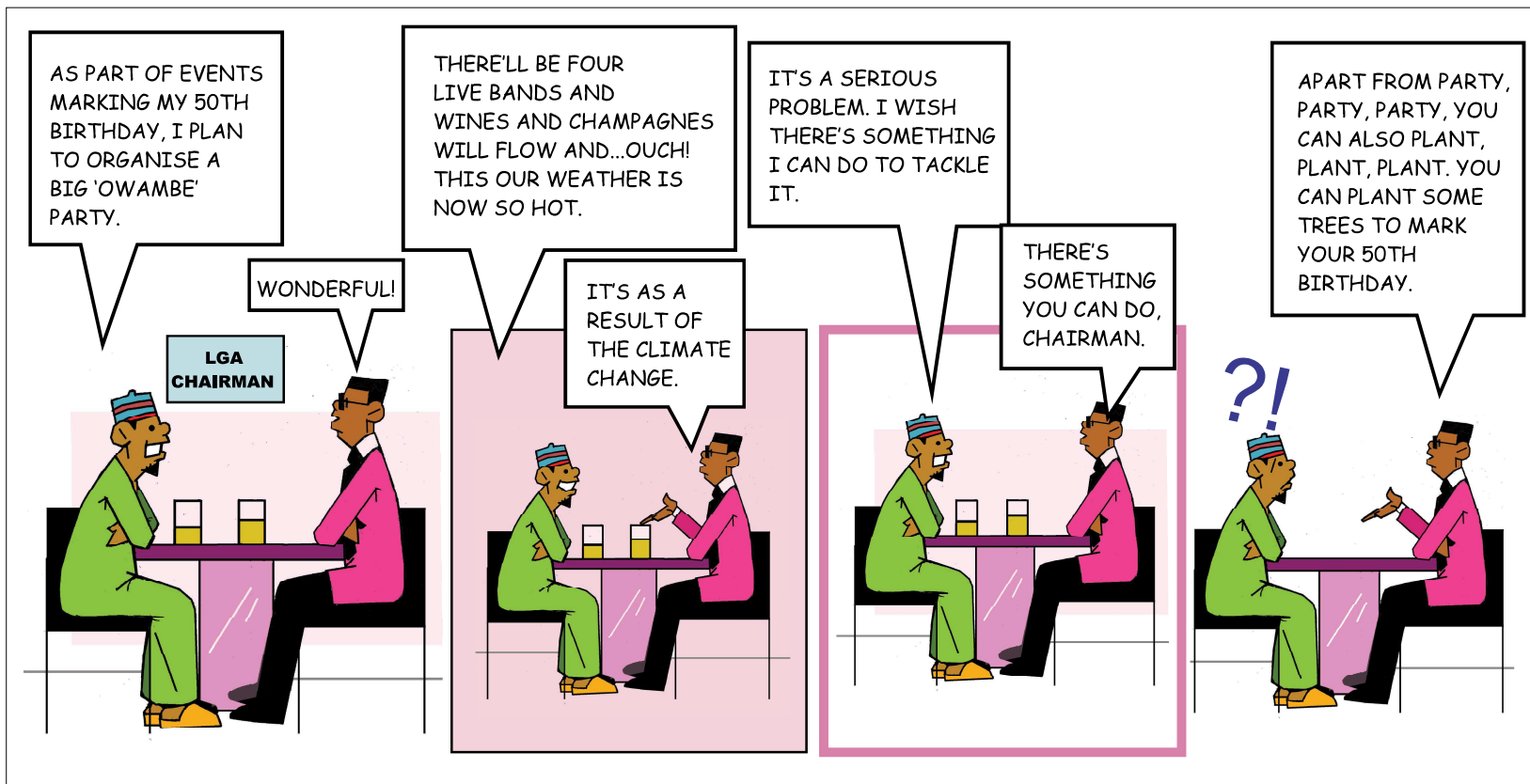
JUNE
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Effect of Climate Crisis: Forestry and Ecosystem: Climate change would negatively affect forests and other ecosystems that are already under significant pressure from increasing populations and increased demand for forest resources. The amount of forestry products, such as wood and cane, has reduced due to erosion and high winds.

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JULY
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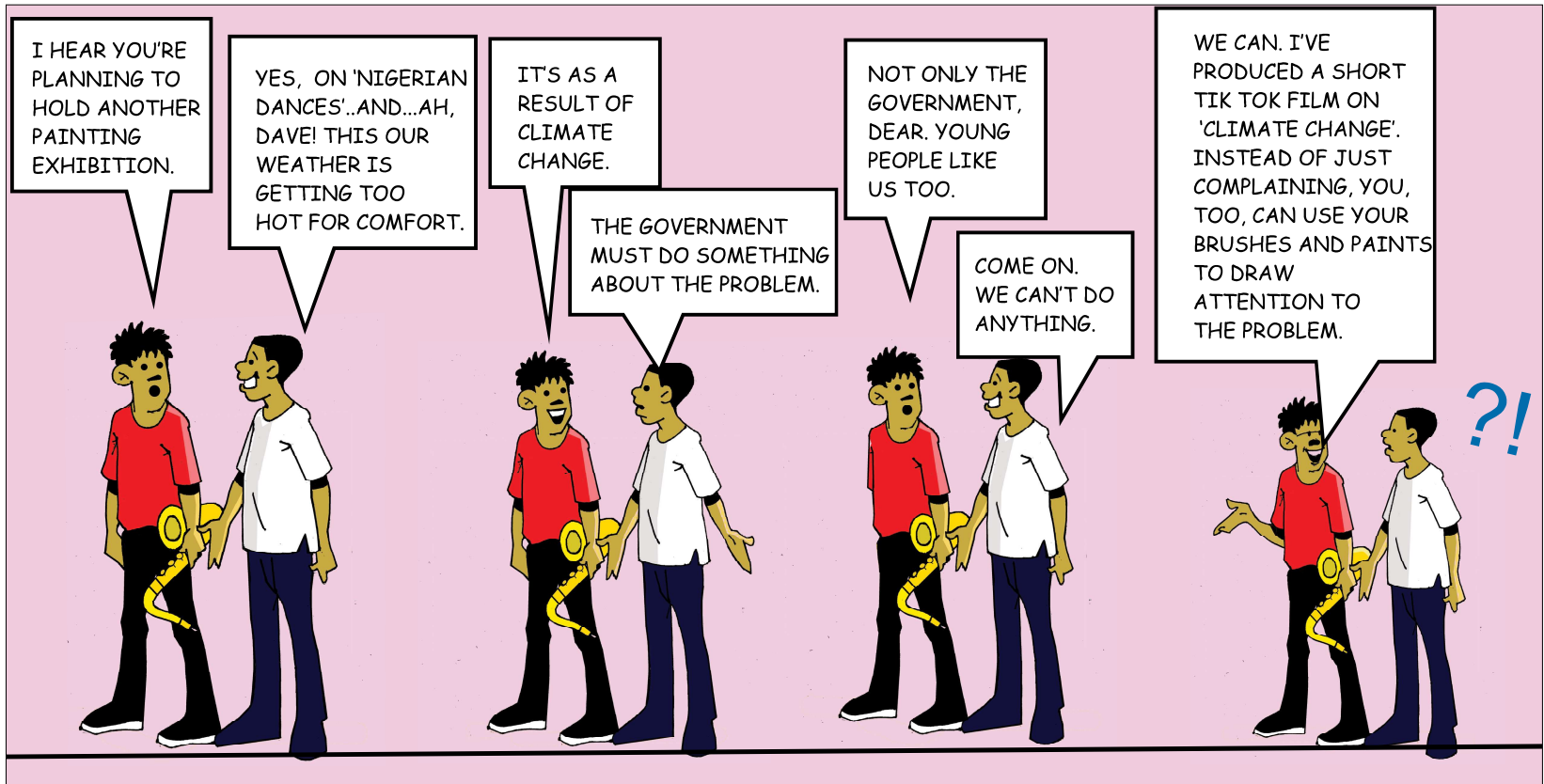


Taking Actions on Climate Crisis: Planting of Trees: As trees grow, they help to stop climate change by removing carbon dioxide from the air, storing carbon in the trees and soil, and releasing oxygen into the atmosphere. Plant a Tree Today!!!

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AUGUST

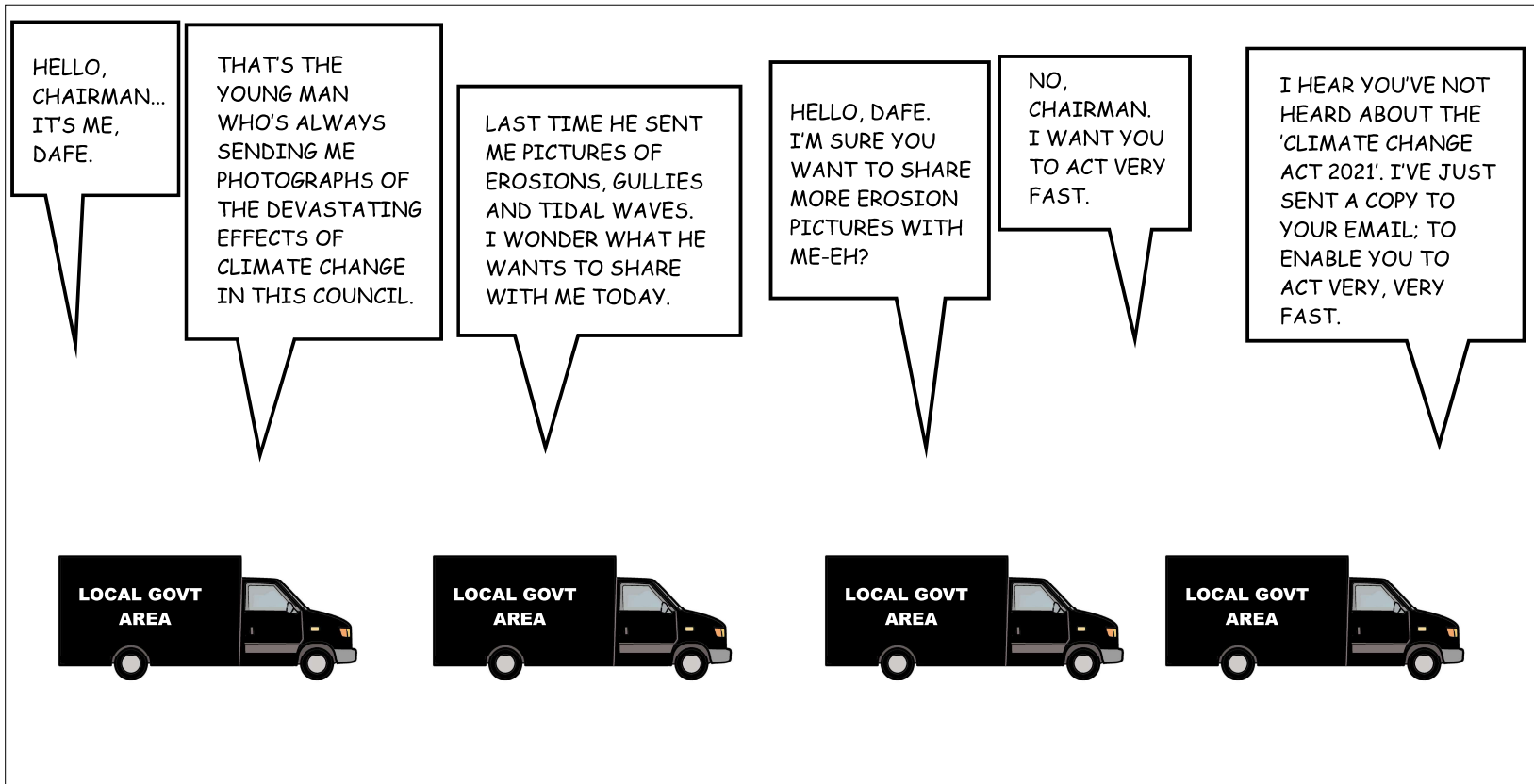
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Adolescents and Young People Taking Action on the Climate Crisis: The former UN Secretary-General's Envoy on Youth, Ms. Jayathma Wickramanayake emphasizes that young people should be actively engaged in efforts to achieve climate resilience and sustainable development for all. Through education, science or technology, young people should be encouraged to use their skills to accelerate climate action.

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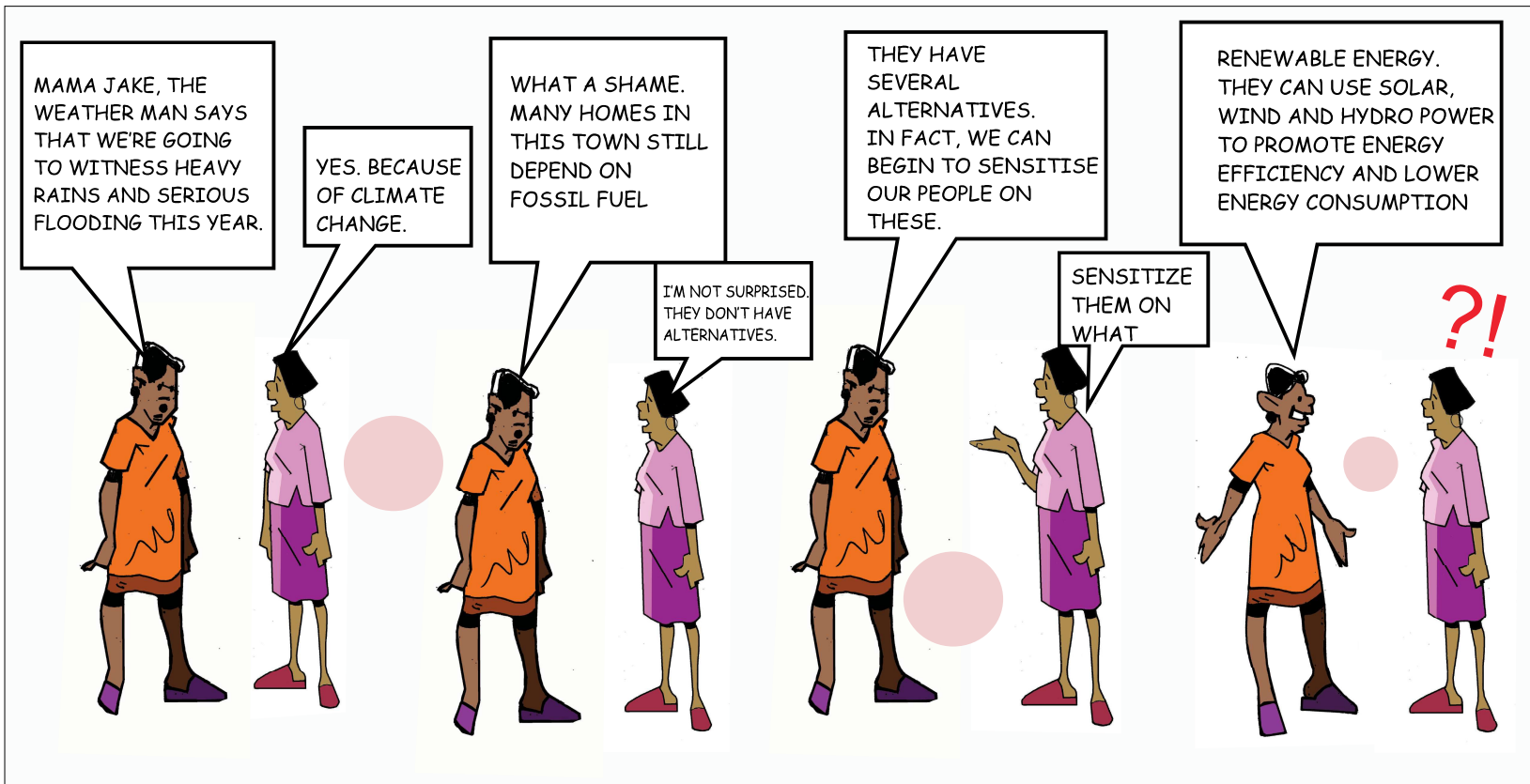
SEPTEMBER
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Taking Actions on Climate Crisis: Implementation of the National Climate Change Act 2021: Adolescents and Young People as agents of change should popularize the Climate Change Act 2021 thereby helping to prevent and mitigate the climate crisis.

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OCTOBER
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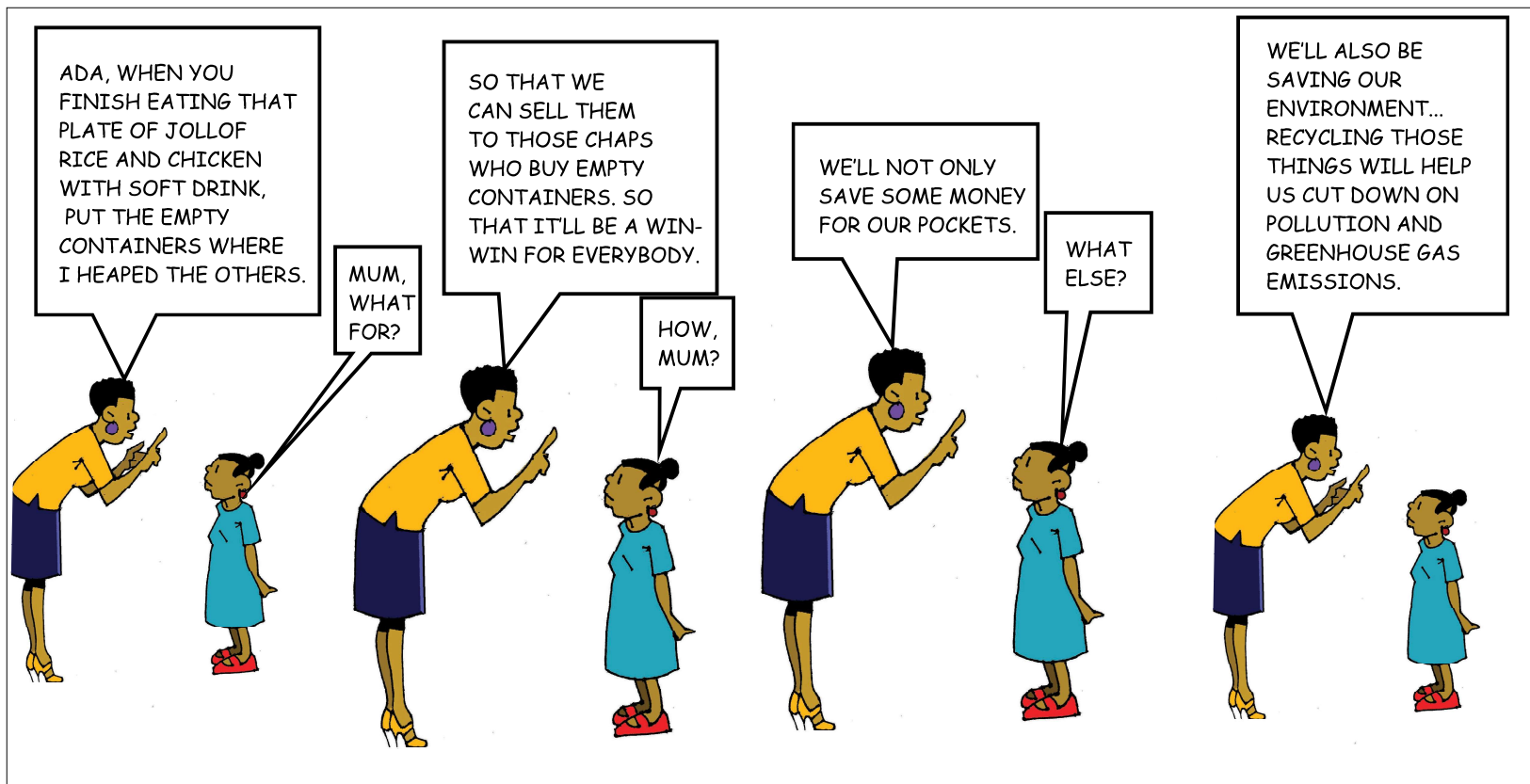


Taking Actions on Climate Crisis: Promoting Renewable Energy: People should be encouraged to invest in solar, wind, and hydropower to harness Nigeria's vast renewable energy potential and reduce fossil fuel dependence. This will promote energy efficiency in industries, homes, and public institutions to lower energy consumption.

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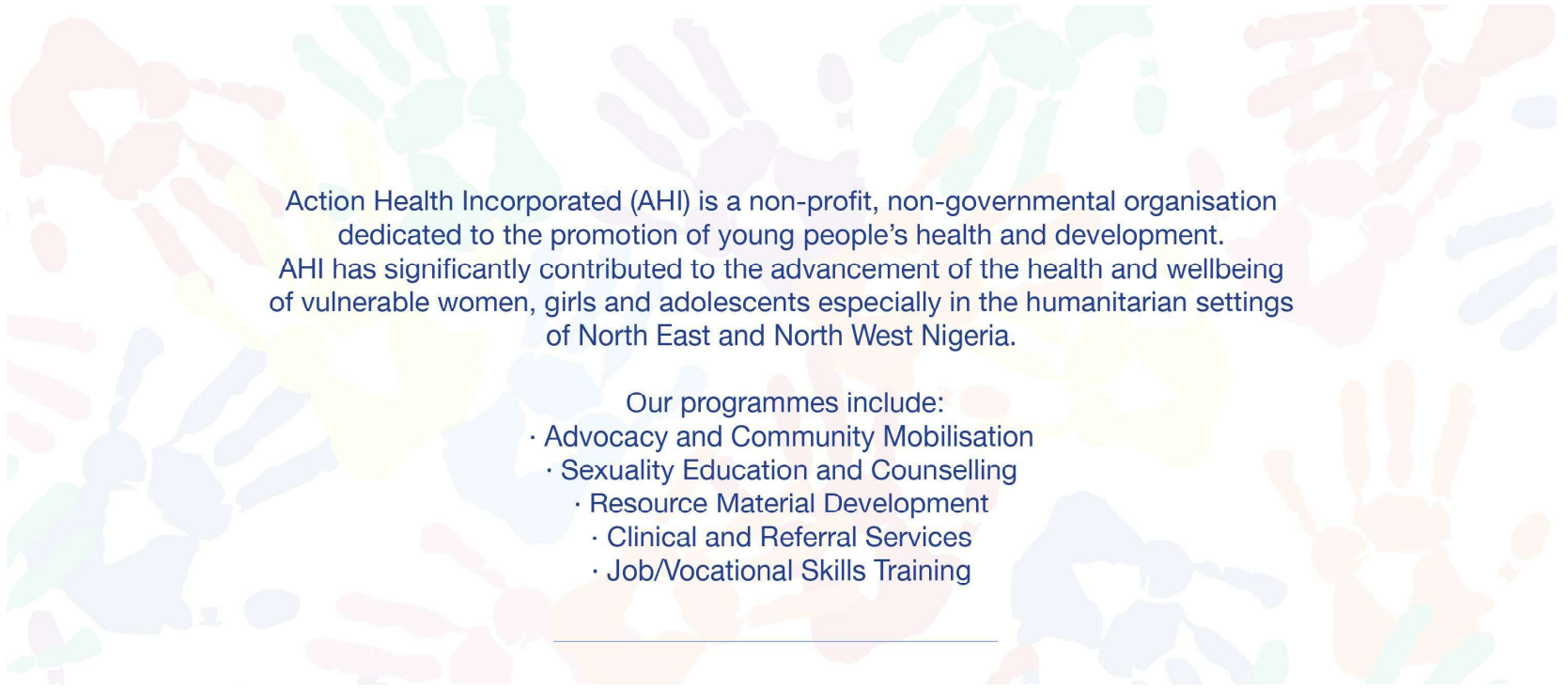
NOVEMBER

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Taking Actions on Climate Crisis: Promoting Recycling: Recycling saves energy and prevents the extraction of raw materials, helping to combat climate change. Every bottle, can and piece of paper recycled reduces the need for new resources, cutting down on pollution and greenhouse gas emissions thereby contributing to a “green” mentality and a more sustainable lifestyle overall

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Action Health Incorporated (AHI) is a non-profit, non-governmental organisation dedicated to the promotion of young people's health and development. AHI has significantly contributed to the advancement of the health and wellbeing of vulnerable women, girls and adolescents especially in the humanitarian settings of North East and North West Nigeria.

Our programmes include:

- Advocacy and Community Mobilisation
- Sexuality Education and Counselling
 - Resource Material Development
 - Clinical and Referral Services
 - Job/Vocational Skills Training

**Action
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RESPONDING TO THE NEEDS OF NIGERIA'S YOUNG PEOPLE

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